

Borough of Aspinwall  
Allegheny County, Pennsylvania  
Resolution No. 2017-5

RESOLUTION INDICATING THE INTENT OF ASPINWALL BOROUGH TO WORK ALONG WITH  
ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE LIVE WELL ALLEGHENY  
CAMPAIGN

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Aspinwall Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which Live Well Allegheny is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;


**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Aspinwall will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Council of Aspinwall Borough pledges to take the following steps within our community toward these goals:

- \* Promote and support farmers' markets
- \* Encourage involvement with community volunteer activities
- \* Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

ADOPTED this 3<sup>rd</sup> day of May, 2017 by the Council of the Borough of Aspinwall.

ATTEST:



Joseph D. Noro  
Council President

BOROUGH OF ASPINWALL



Melissa Lang O'Malley  
Borough Manager