## BRACKENRIDGE BOROUGH ALLEGHENY COUNTY, PENNSYLVANIA RESOLUTION NO. 11-22

RESOLUTION INDICATING THE INTENT OF BRACKENRIDGE BOROUGH TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE LIVE WELL ALLEGHENY CAMPAIGN

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called Live Well Allegheny; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of Brackenridge Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which Live Well Allegheny is intent on providing; and

WHEREAS, one of the main initiatives of the Live Well Allegheny campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, BE IT RESOLVED that the Brackenridge Borough will endeavor to work along with Allegheny County to accomplish the goals of the Live Well Allegheny campaign; and

FURTHERMORE, that the Mayor and Council of Brackenridge Borough pledges to take the following steps within our community toward these goals:

Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living

Develop, maintain and improve outdoor wellness trails and park facilities accessible to residents of all abilities

Encourage multi-modal transportation of residents by providing facilities that encourage walking and bike riding

Promote and support community farmers' markets

Provide health information at monthly, seasonal, or special community events

ADOPTED this 1st day of September, 2022 by the Mayor and Council of the Brackenridge Borough.

BRACKENRIDGE BOROUGH

Timothy Connelly

President of Council

ATTEST:

Denise Tocco

Secretary/Treasurer

Lindsay Fraser

Mayor