

NORTH HILLS SCHOOL DISTRICT ADMINISTRATIVE OFFICES

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VISIT NHSD ONLINE: www.nhsd.net

March 29, 2022

Dr. Debra Bogen Allegheny County Dept. of Health 542 Fourth Avenue Pittsburgh, Pa. 15219

Dear Dr. Bogen,

The North Hills School District is very interested in becoming a Live Well Allegheny School District. We thank you for this opportunity to continue the pursuit of wellness throughout our district. The following are initiatives that our district is taking to provide health and wellness opportunities and support to our staff, students, and community.

- Improve PA farm to school partnership by incorporating more local foods into school
 meals and educating students about local agriculture through monthly taste testing
 opportunities held in cafeterias and classrooms, sharing recipes with families, and
 featuring items on cafeteria menus.
- Encourage hydration and water consumption throughout the school day with the addition of refillable water stations at drinking fountains.
- Expand variety of fresh fruit, vegetable, and daily salad choices in school cafeterias as a component of school breakfast and lunch and promote availability of items via social media and videos.
- Promote community Farmer's Market opportunities when available to encourage families to support local farmers and eat fresh/local.

Thank you again for the opportunity to be a Live Well Allegheny School District. We look forward to working with you.

With kindest regards,

Patrick J. Mannarino, Ed. D.

Superintendent