

**RESOLUTION NO. 08 of 2022**

**A RESOLUTION OF THE BOROUGH OF  
OAKMONT, ALLEGHENY COUNTY,  
PENNSYLVANIA, INDICATING THE INTENT OF  
OAKMONT BOROUGH TO WORK ALONG WITH  
ALLEGHENY COUNTY TO ACCOMPLISH THE  
GOALS OF THE LIVE WELL ALLEGHENY  
CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Oakmont Borough residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes require a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

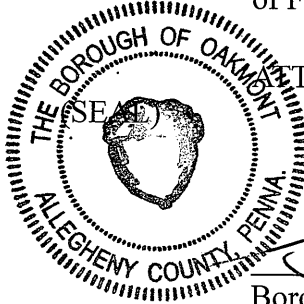
**NOW, THEREFORE, BE IT RESOLVED** that the Borough of Oakmont will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Council of the Borough of Oakmont pledges to take the following steps within our community toward these goals:

- Promote participation in a voluntary wellness campaign for the community's employees
- Share information and on voluntary wellness campaign events with the broader community to encourage the voluntary participation of the residents
- Plan, promote and implement a *Live Well Allegheny* event in cooperation with the campaign that encourages active living
- Assure indoor and outdoor wellness trails are accessible to residents of all abilities
- Develop walking maps; measure the distances mapped and encourage residents to meet goals
- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities

- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

**RESOLUTION REGULARLY ADOPTED AND ENACTED**, this \_\_\_ day of February 2022.



ATTEST:

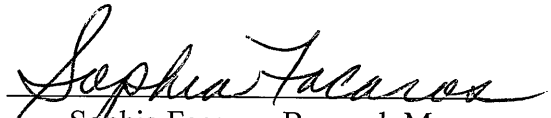
  
 \_\_\_\_\_  
 Borough Manager/Secretary

BOROUGH OF OAKMONT  
 OAKMONT BOROUGH COUNCIL

  
 \_\_\_\_\_  
 By: President, Borough Council

**EXAMINED AND APPROVED** this \_\_\_\_\_ day of February 2022.

ATTEST:

  
 \_\_\_\_\_  
 Sophia Facaros, Borough Mayor

I, Scot E. Fodi, Borough Manager/Secretary of the Borough of Oakmont, do hereby certify that the foregoing is a true and correct copy of Resolution No. 7 of 2022 adopted at the regular meeting of the Oakmont Borough Council, held on the \_\_\_\_\_ day of February 2022.

\_\_\_\_\_  
 Scot E. Fodi, Secretary/Manager