

Live Well Restaurants

Submission Date

2019-05-23 22:52:35

Contact Information

First Name: David
Last Name: Keating
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Phone Number: 7734416005

Restaurant Information

Name of Restaurant: Bridges & Bourbon
Address: 930 Penn Avenue
Zip Code: 15222

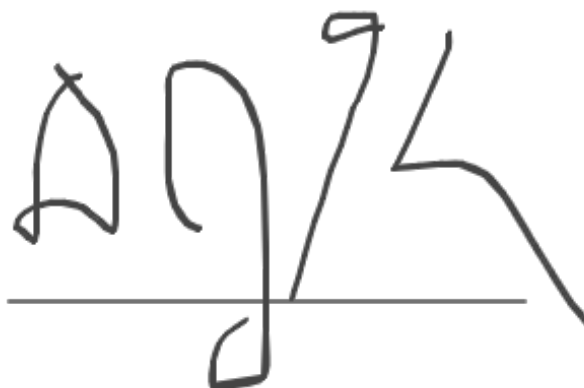
Bridges & Bourbon agrees to the mandatory commitments of:

eliminating trans-fat oils in our cooking
being smoke-free
not selling tobacco products

Bridges & Bourbon also agrees to the implementation of at least four (4) additional action steps, including:

Offer vegetarian/vegan fare
Provide healthy side dishes including fruits and vegetables that can be ordered in lieu of higher fat/sugar/salt options
Offer brown rice other whole grains as an alternate to white rice and whole grain bread as an alternate to white bread
Promote healthier beverage options by providing smaller sized sugar sweetened beverage (including soda) options (8 ounce) without refills, highlighting unsweetened options (via lower prices) or by providing healthier options like soda water flavored with fruit juice or alternate recipe
Use plant based oils for cooking and baking (for example olive oil and canola oil instead of animal fat containing predominantly monounsaturated and polyunsaturated fats partially-hydrogenated oils) and make customers aware
Offer low fat milk (1% or skim) as an alternate to cream for hot beverages
Provide a location to store bicycles at or near the restaurant
Provide evidence that it is recognized by another healthy restaurant certification
Provide low calorie salad dressings

Signature



A handwritten signature in black ink, appearing to read 'David Keating', written over a horizontal line.