

**OFFICIAL  
TOWNSHIP OF RICHLAND  
RESOLUTION NO. 4 OF 2019**

**RESOLUTION INDICATING THE INTENT OF RICHLAND TOWNSHIP TO WORK  
ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL  
ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of [Insert municipality name] residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that Richland Township will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Board of Supervisors of Richland Township pledges to take the following steps within our community toward these goals:

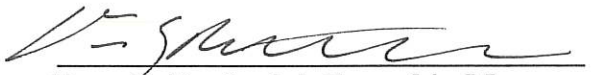
- Promote participation in a voluntary wellness campaign for the community's employees
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living
- Develop walking maps; measure the distances mapped and encourage residents to meet goals


- Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding
- Promote and support farmers' markets
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives

**ADOPTED** this 20<sup>TH</sup> day of February, 2019 by the Board of Supervisors of Richland Township.

**ATTEST:**

**RICHLAND TOWNSHIP**

  
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**Dean E. Bastianini, Township Manager**

  
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**Raymond P. Kendrick, Chairman  
 Board of Supervisors**

I, Dean E. Bastianini, Township Manager of the Township of Richland, do hereby certify that the foregoing is a true and correct copy of a Resolution adopted at the meeting of the Board of Supervisors Meeting, held on the 20<sup>TH</sup> day of February, 2019.

  
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 Township Manager

*FEB. 29, 2019*  
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 Date