

AVONWORTH SCHOOL DISTRICT

258 JOSEPHS LANE
PITTSBURGH, PA 15237
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December 4, 2018

Dr. Karen Hacker, Director
Allegheny County Dept. of Health
542 Fourth Avenue
Pittsburgh, PA 15219


Dear Dr. Hacker,

The Avonworth School District is very interested in becoming a Live Well Allegheny School District. We thank you for this opportunity to continue the pursuit of wellness throughout our district. The following are initiatives that our district is taking to provide health and wellness opportunities and support to our staff, students, and community.

- Became a pick-up site for a CSA supporting local farmers and eating fresh/local.
- Offer unlimited fruit and/or vegetables at all meals in all schools.
- Offer exercise opportunities/activities after school.
- Offer social skills education in all school buildings through counseling program.
- Promote water drinking - water bottle fillers are available at drinking fountains.
- Health and physical education classes include nutrition and physical activity information.
- Plan, promote, and host a 5k run in the spring encouraging an active life style.

Thank you again for the opportunity to be a Live Well Allegheny School District. We look forward to working with you.

With kindest regards,



Thomas W. Ralston, Ed.D.
Superintendent'