



Office of the Manager
Matthew R. Serakowski

July 11, 2018

Karen Hacker, MD, MPH
Director, Allegheny Co. Health Department
542 Fourth Avenue
Pittsburgh, PA 15219

Dear Dr. Hacker:

Please find enclosed a copy of Resolution No. 1658 adopted by the Township of Upper St. Clair Board of Commissioners stating this Township is joining with other communities to accomplish the goals of *the Live Well Allegheny* Campaign.

Thank you to you and your staff for your work towards the goal of healthy living for Allegheny County residents.

Sincerely,

Matthew R. Serakowski
Township Manager

Enclosure

pc: Board of Commissioners
Mark S. Mansfield, Assistant Township Manager
Paul Besterman, Director, Recreation & Leisure Services
Adam A. Benigni, Director of Community Development

M:/sharedmgr.letters.hacker.livewell2018

TOWNSHIP OF UPPER ST. CLAIR

RESOLUTION NO. 1658

A RESOLUTION OF THE TOWNSHIP OF UPPER ST. CLAIR, A HOME RULE MUNICIPALITY, COUNTY OF ALLEGHENY, COMMONWEALTH OF PENNSYLVANIA, HEREBY JOINING WITH OTHER COMMUNITIES WITHIN ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN.

WHEREAS, in January 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Allegheny County Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and,

WHEREAS, living well is a broad concept that incorporates physical and mental health, personal and community safety, physical activity, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation program, vaccinations, weight loss, anti-aging, health literacy and so much more; and,

WHEREAS, the health of our county residents, and the health of the Township of Upper St. Clair residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior change requires a cultural change which *Live Well Allegheny* is intent on providing; and,

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate, and sustain activities and interventions that accomplish the goals.

NOW, THEREFORE, BE IT RESOLVED, by the Board of Commissioners of the Township of Upper St. Clair that the Township will work cooperatively with the *Live Well Allegheny* campaign toward the shared goals of healthy living, wellness, and quality of life for its residents, employees, and others who partake in the Township's initiatives.

NOW, THEREFORE, BE IT FURTHER RESOLVED, that the Township of Upper St. Clair has also implemented and will continue the following wellness initiatives:

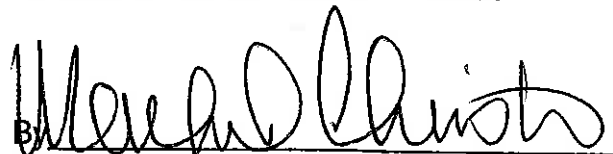
- Promoting participation in wellness campaigns for the Township's employees
- Providing an Employee Assistance Program and Health Advocate to Township employees
- Developing indoor and outdoor wellness trails accessible to residents of all abilities

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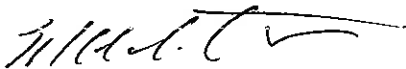
- Providing walking maps
- Promoting and supporting the local farmers' market
- Promoting smoke-free buildings, perimeters, and parks
- Providing recreational opportunities for all ages, from infants to older adults
- Encouraging resident/employee involvement with community volunteer activities

ADOPTED THIS 2nd DAY OF JULY, 2018.

TOWNSHIP OF UPPER ST. CLAIR


President, Board of Commissioners

ATTEST:


Township Manager/Secretary