



MOON TOWNSHIP
ALLEGHENY, COUNTY - PENNSYLVANIA

TO
HANNAH!

April 5, 2018

Dr. Karen A. Hacker, Director
Allegheny County Health Department
542 Fourth Avenue
Pittsburgh, PA 15219

Re: Live Well Allegheny

Dear Dr. Hacker,

Moon Township is committed to the health and wellness of its employees and community by adopting the enclosed Resolution R-14-2018. Please advise if you require any additional information for Moon Township to be designated a Live Well Allegheny Community.

Sincerely,

TOWNSHIP OF MOON

Dawn Lane
Township Manager

OFFICIAL

**TOWNSHIP OF MOON
ALLEGHENY COUNTY, PENNSYLVANIA**

RESOLUTION NO. R-14-2018

A RESOLUTION OF THE TOWNSHIP OF MOON, ALLEGHENY COUNTY, PENNSYLVANIA, INDICATING THE INTENT TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN.

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of the residents of the Township of Moon, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW, THEREFORE, the Board of Supervisors of the Township of Moon pledges to take the following steps within our community toward these goals:

- Promote participation in a voluntary wellness campaign for the community's employees;
- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents;
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living;
- Develop indoor and outdoor wellness trails accessible to residents of all abilities;
- Develop walking maps; measure the distances mapped and encourage residents to meet goals;

- Encourage multi-modal transportation of residents by providing facilities that encourage walking, ride-sharing, public transportation and bike riding;
- Promote and support farmers' markets;
- Encourage involvement with community volunteer activities;
- Promote smoke-free buildings and perimeters;
- Provide health information focused on monthly or seasonal events; and
- Utilize websites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness-related activities.

RESOLVED and **ADOPTED** this 4th day of April, 2018, by the Board of Supervisors of the Township of Moon, in lawful session duly assembled.

ATTEST:

TOWNSHIP OF MOON


Township Manager/Secretary
(SEAL)

By: 
Chairman, Board of Supervisors