

**RESOLUTION NUMBER 8-18**

**TOWNSHIP OF SHALER  
ALLEGHENY COUNTY, PENNSYLVANIA**

**RESOLUTION INDICATING THE INTENT OF THE TOWNSHIP OF SHALER TO  
WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF  
THE *LIVE WELL ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2014, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of Township of Shaler residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Township of Shaler will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Board of Commissioners of the Township of Shaler pledges to take the following steps within our community toward these goals:

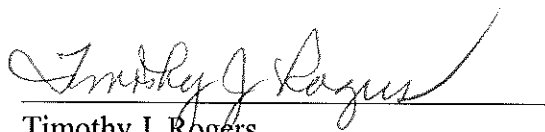
- Promote physical activity in Township parks including Fall Run Park walking trails, Kiwanis Park Community Swimming Pool and the numerous baseball and soccer fields as well as tennis and bocce courts in all Township owned parks.
- Promote participation in a voluntary wellness campaign for the community's employees.
- Promote community participation in free exercise activities provided at Kiwanis Park during the summer months.

- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents.
- Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living.
- Promote smoking cessation and weight loss programs for all Township employees.
- Encourage involvement with community volunteer activities.
- Promote smoke-free buildings and Township owned vehicles and perimeters (including smoke free tobacco).
- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.

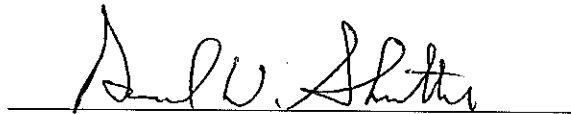
**ADOPTED** this 10th day of April, 2018 by the Board of Commissioners of the Township of Shaler.

**Attest:**

**Township of Shaler**



Timothy J. Rogers  
Secretary



David W. Shutter  
President, Board of Commissioners

