



*Preparing STREAM Leaders in Their Community*

## **Steel Valley Health and Wellness Fair**



April 21, 2018  
Carnegie Library at Homestead  
510 E 10th Ave, Munhall, PA 15120  
10:00 AM – 3:00 PM



**Student investigators from Steel Valley will present the result of the research they conducted on topics that affect their communities. For fun, food and activities to enhance the local culture of health, come and find out what the student investigators are learning!**

The Pitt-Bridge is an extracurricular program that includes Science, Technology, Research Engineering, Arts and Mathematics (STREAM) learning through Health Science Clubs and prepares students to effectively work with others and become STEM leaders in their community.

### **Feature Presentations and Resources**

- **Loneliness in Teens:** Stress Assessment Survey, Mental Health Resources
- **School Lunch and Food Insecurity:** Diabetes Assessment, Nutritional Advice
- **The Right to Sight:** Eye Testing, Retinal Photography, Health Disparities Information

### **Keynote Speakers**

- **Major Michelle Steimer, MA, NCC, LPC** *"From the Middle East to Home: How Stress Management and Wellness Positively Impact Life and the Community"*
- **Evan L. "Jake" Waxman, MD, PhD** *"Good Vision and Blindness Prevention in Pittsburgh"*

*This symposium is supported by funding from National Network of Libraries of Medicine and Steel Valley High School.*