BOROUGH OF CRAFTON ALLEGHENY COUNTY, PENNSYLVANIA

RESOLUTION NO. 2018-03

A RESOLUTION OF THE BOROUGH OF CRAFTON, ALLEGHENY COUNTY, COMMONWEALTH OF PENNSYLVANIA, INDICATING THE INTENT OF THE BOROUGH OF CRAFTON TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE LIVE WELL ALLEGHENY CAMPAIGN.

WHEREAS, in January 2014, Allegheny County Executive, Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director, Dr. Karen Hacker, launched a comprehensive innovative strategy on wellness called, *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standards of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our County residents and the health of Borough of Crafton residents requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which Life Well Allegheny is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;

NOW THEREFORE BE IT RESOLVED that the *Borough of Crafton* pledges to take the following steps within our Community toward these goals;

- Share information on recreation and learning events with the broader community to encourage the voluntary participation of residents
- Develop and maintain outdoor wellness trails accessible to residents of all abilities
- Development and display of walking maps, measuring the distances mapped and encouraging residents to meet goals

Page 2 Resolution No. 2018-02

- Offering and adding healthy foods offered in Borough operated concession areas including the Swimming Pool
- Promote and Support the Crafton Community Gardens; encourage the participation in s local Farmers Market
- Encourage involvement with community volunteer activities including Crafton Celebrates
- Promote smoke-free buildings and perimeters
- Provide health information focused on monthly or seasonal events
- Provide information on health and wellness related initiatives through the Borough website and other social media outlets

Adopted this <u>26th</u> day of <u>February</u> 2018, by the Borough of Crafton governing body, duly assembled.

ATTEST

BOROUGH OF CRAFTON

Ann C. Scott

Borough Manager

Phillip Levasseur President of Council

EXAMINED and APPROVED this <u>26th</u> day of <u>February</u>. 2018.

mes G. Bloom

Mayor