

OFFICIAL  
BOROUGH OF DRAVOSBURG  
ALLEGHENY COUNTY, PENNSYLVANIA  
RESOLUTION NO. 2017-15

A RESOLUTION OF THE BOROUGH OF DRAVOSBURG, COUNTY OF ALLEGHENY AND COMMONWEALTH OF PENNSYLVANIA, INDICATING THE INTEND OF THE BOROUGH OF DRAVOSBURG TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE "LIVE WELL ALLEGHENY" CAMPAIGN.

WHEREAS, in January of 2014, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called "Live Well Allegheny;" and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, qualify of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of the Borough of Dravosburg residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which "Live Well Allegheny" is intend on providing; and

WHEREAS, one of the main initiatives of the "Live Well Allegheny" Campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals.

NOW, THEREFORE, BE IT RESOLVED AND ADOPTED By the Council of the Borough of Dravosburg, Allegheny County, Pennsylvania, and IT IS HEREBY RESOLVED and ADOPTED by authority of the same, that:

1. The Borough of Dravosburg will work along with Allegheny County to accomplish the goals of the "Live Well Allegheny" Campaign.
2. The Borough of Dravosburg pledges to take the following steps within our community toward these goals:

a. Promote participation in a voluntary wellness campaign for the community's employees;

b. Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents;

c. Plan, promote and implement a Live Well Allegheny event in cooperation with the campaign that encourages active living;

d. Develop indoor and outdoor wellness trails accessible to residents of all abilities;

e. Develop walking maps; measure the distances mapped and encourage residents to meet goals;

f. Offer incentives for employees who walk or bike to work;

g. Encourage multi-modal transportation of residents by providing facilities or policies that encourage walking and bike riding;

h. Ask your vending machine company to add health foods, and work with the company to post calories and nutrient contents and amounts for the foods offered;

i. Promote and support farmers' markets;

j. Encourage involvement with community volunteer activities;

k. Promote smoke-free buildings and perimeters;

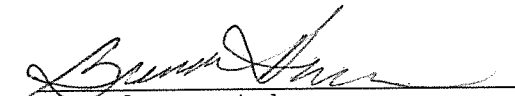
l. Provide health information focused on monthly or seasonal events;

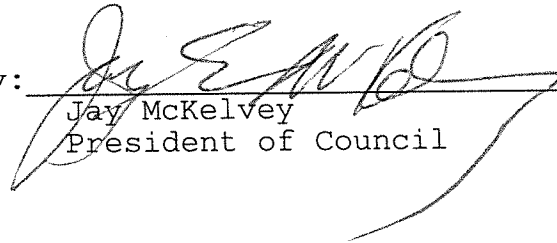
m. Utility web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.

RESOLVED AND ADOPTED by the Council of the Borough of Dravosburg, Allegheny County, Pennsylvania, meeting in regular and public session, this 21st day of November, 2017.

ATTEST:

BOROUGH OF DRAVOSBURG

  
Brenda Honick  
Secretary

By:   
Jay McKelvey  
President of Council