

**BOROUGH OF EDGEWOOD
RESOLUTION 2016-19**

**RESOLUTION INDICATING THE INTENT OF EDGEWOOD BOROUGH TO WORK ALONG WITH
ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN**

WHEREAS, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health department Director Dr. Karen Hacker, launched a comprehensive, innovative strategy on wellness called *Live Well Allegheny*; and

WHEREAS, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

WHEREAS, the health of our county residents, and the health of Edgewood residents, requires a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

WHEREAS, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate and sustain activities and interventions that accomplish the goals;


NOW THEREFORE BE IT RESOLVED that Edgewood Borough will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

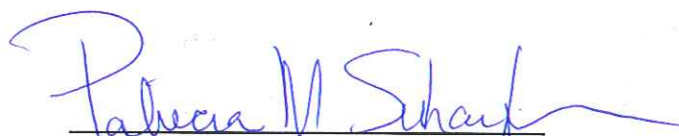
FURTHERMORE, that the Council of Edgewood Borough pledges to take the following steps within our community toward these goals:

- Utilize web sites, newsletter and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives
- Encourage involvement with community volunteer activities
- Promote Borough youth and adult sport leagues for physical activity and community involvement
- Promote and support farmer's markets in the region
- Encourage multi-modal transportation of residents by implimenting policies that encourage walking and bike riding

ADOPTED THIS THE 21st day of March, 2016 by the Council of the Borough of Edgewood.

ATTEST:


Borough Secretary


Council President