

**BOROUGH OF EAST PITTSBURGH**  
**ALLEGHENY COUNTY, PENNSYLVANIA**

**RESOLUTION NO. 2016 - 1**

**RESOLUTION INDICATING THE INTENT OF THE BOROUGH OF EAST PITTSBURGH TO WORK ALONG WITH ALLEGHENY COUNTY TO ACCOMPLISH THE GOALS OF THE *LIVE WELL ALLEGHENY* CAMPAIGN**

**WHEREAS**, in January of 2013, Allegheny County Executive Rich Fitzgerald, under the leadership of the Board of Health and Health Department Director Dr. Karen Hacker, launched a comprehensive innovative strategy on wellness called *Live Well Allegheny*; and

**WHEREAS**, living well is a broad concept that incorporates physical health, mental wellness, personal and community safety, prevention and preparedness, physical activity, nutrition, fitness, managing chronic disease, improving well-being, quality of life, education, improving our standard of living, cessation programs, vaccinations, weight loss, anti-aging, health literacy and so much more; and

**WHEREAS**, the health of our county residents, and the health of the Borough of East Pittsburgh residents, require a coordinated effort to ensure that programs, studies, outreach events and other efforts have the ability to improve our overall health; behavior changes requires a cultural change which *Live Well Allegheny* is intent on providing; and

**WHEREAS**, one of the main initiatives of the *Live Well Allegheny* campaign is to endeavor to have the participation of all 130 municipalities and to provide programming in each of those communities; the campaign can enhance the capacity of communities to effectively plan, implement, evaluate, and sustain activities and interventions that accomplish the goals;

**NOW, THEREFORE, BE IT RESOLVED** that the Borough of East Pittsburgh will endeavor to work along with Allegheny County to accomplish the goals of the *Live Well Allegheny* campaign; and

**FURTHERMORE**, that the Council of the Borough of East Pittsburgh pledges to take the following steps within our community toward these goals:


- Share information on wellness campaign events with the broader community to encourage the voluntary participation of residents
- Encourage involvement with community volunteer activities
- Promote smoke-free buildings and perimeters

- Utilize web sites and social media to provide information on physical activity, nutrition, stress management, tobacco cessation, and other health and wellness related initiatives.

**ADOPTED** this 16<sup>th</sup> day of February, 2016 by the Council of the Borough of East Pittsburgh.

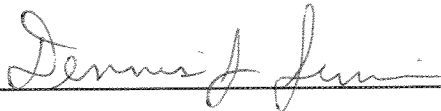
**ATTEST:**

**BOROUGH OF EAST PITTSBURGH**



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**Eileen Navish, Borough Secretary**



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**Dennis Simon, Council President**